

# What You Can Do to Help Fight Poverty

Millions of kids in the U.S. and around the world are living in *poverty*. They may not have what they need to feel safe, stay healthy, and learn. Poverty is a big problem made up of many smaller ones that need solutions. Follow the steps below to help make a difference for kids in need. These small acts add up!



## Fight Illiteracy

**Problem** Some kids don't have books to learn how to read, and many families in the U.S. are not able to send their kids to preschool, so they fall behind in learning.

**How you can help** Use your writing skills to write to local lawmakers, encouraging them to act quickly to make sure all kids have access to early education programs. If you have books at home, you could pick some to donate to a local charity center.



## Fight Sickness

**Problem** Many families don't have access to doctors or medicine. That makes some kids more *vulnerable* to getting sick.

**How you can help** Be sure to wash your hands regularly to prevent germs from spreading at school and getting other kids sick. You could also write a persuasive letter to your principal asking for *nutritious* food options at school to help keep all kids healthy.



## Fight Homelessness

**Problem** When kids don't have a home to go to after school, it is hard for them to feel safe and cared for. They are also more likely to miss school and not have basic school supplies.

**How you can help** Make all students feel supported by always practicing kindness. If your family is able to, volunteer at a homeless shelter to help those less fortunate than you.



## Fight Hunger

**Problem** One in five U.S. children faces hunger at some point during the year, meaning they don't have enough nutritious food to eat. That can make it hard to concentrate in school.

**How you can help** You could host a canned food drive and then deliver the donations to a local food pantry that will feed the hungry.