

# How You Can Help Fight Poverty

There are millions of kids in the U.S. and around the world who are living in *poverty* and do not have what they need to feel safe, stay healthy, and learn. Poverty is a big problem made up of smaller ones that need solutions. Follow the steps below to help other kids like you!



## Fight Illiteracy

**Problem:** Some kids don't have books at home and are not able to go to preschool, so it can be harder for them to learn how to read.

**Solution:** Write a letter to your town government. Ask them to make sure all kids can have books and early education. If you have books at home, you could pick some to donate.



## Fight Sickness

**Problem:** Many families aren't able to visit the doctor or get medicine. That makes it hard for kids to stay healthy.

**Solution:** You can help keep yourself and other kids from getting sick by washing your hands so germs don't spread. Write to your principal asking for *nutritious* food options at school to help keep kids healthy.



## Fight Homelessness

**Problem:** When kids don't have a home to go to after school, it is hard for them to feel safe and cared for. They are also less likely to have all the supplies they need for class.

**Solution:** Make all students feel safe by always being kind. If your family is able to, volunteer at a homeless shelter to help those in need.



## Fight Hunger

**Problem:** One in five U.S. children don't have enough nutritious food to eat that can help them stay healthy. That can make it hard to pay attention in school.

**Solution:** You could host a canned food drive, then deliver the donations to a local food pantry that feeds hungry kids and families.